

Near North Laboratories Inc.

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Microbiological Sampling Protocol for Bathing Beaches

- 1. Choose a fixed sampling location and use this location and use this location consistently throughout your program.
- 2. The sampling location must be located in the bathing/swimming area.
- 3. Establish the correct number of locations as determined by a Public Health Official.
- 4. Follow procedures to collect samples where the water is 1 to 1.5 meters deep (3 to 4 feet). This can be done by hand or with a sampling rod.

Sample Collection Procedure:

- 5. When positioned at the sampling site, uncap a new sterile sampling container- be careful not to touch the inside of the cap.
- 6. Holding the bottle near its base, turn the bottle over and plunge it neck down into the water to the depth of 15 to 30 cm (6 to 12 inches-up to about your elbow). It is not a concern if the preservative (sodium thiosulfate) powder or pellets falls out.
- 7. The bottle should then be turned until the neck points slightly upwards, the mouth being directed toward the current. If no current exists, push the bottle horizontally forward in a direction away from the hand. <u>Samples must not be contaminated by allowing the water to pass over the hand and then into the</u> <u>bottle.</u>

<u>NOTE</u>: When the depth of water is less than 1 meter, samples should be obtained as far off shore as possible but within swimming area.

- 8. Immediately recap bottle.
- 9. Complete the laboratory submission form. Note the weather on your form, particularly any recent rainfall event, wind & wave action.
- 10. Keep the sample cold between <15°C- **Do Not Freeze.** Ice packs must be used during warmer seasons.
- 11. Transport samples to the lab in rigid walled sealed box or cooler. Transport to the lab within 24 hours (ideally the same day). Samples expire 48 hours after collection.

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